

## KPNP Hit Level for PSS ( Unit : kgf )

### SENIOR - Olympic Games & GP

MEN's Division		Head Threshold	Body Threshold	Hogu Size	WOMEN's Division		Head Threshold	Body Threshold	Hogu Size
-58kg	Not exceeding 58kg	1	55	3	-49kg	Not exceeding 49kg	1	47	2
-68kg	Over 58kg & not exceeding 68kg	1	61	4	-57kg	Over 49kg & not exceeding 57kg	1	52	3
-80kg	Over 68kg & not exceeding 80kg	1	67	4	-67kg	Over 57kg & not exceeding 67kg	1	58	3
+80kg	Over 80kg	1	73	5	+67kg	Over 67kg	1	64	4

### SENIOR - World Taekwondo Championships

MEN's Division		Head Threshold	Body Threshold	Hogu Size	WOMEN's Division		Head Threshold	Body Threshold	Hogu Size
-54kg	Not exceeding 54kg	1	52	3	-46kg	Not exceeding 46 kg	1	44	2
-58kg	Over 54 kg & Not exceeding 58 kg	1	55	3	-49kg	Over 46 kg & Not exceeding 49 kg	1	47	2
-63kg	Over 58 kg & Not exceeding 63 kg	1	58	3	-53kg	Over 49 kg & Not exceeding 53 kg	1	50	3
-68kg	Over 63 kg & Not exceeding 68 kg	1	61	4	-57kg	Over 53 kg & Not exceeding 57 kg	1	52	3
-74kg	Over 68 kg & Not exceeding 74 kg	1	64	4	-62kg	Over 57 kg & Not exceeding 62 kg	1	55	3
-80kg	Over 74 kg & Not exceeding 80 kg	1	67	4	-67kg	Over 62 kg & Not exceeding 67 kg	1	58	3
-87kg	Over 80 kg & Not exceeding 87 kg	1	73	5	-73kg	Over 67 kg & Not exceeding 73 kg	1	61	4
+87kg	Over 87 kg	1	79	5	+73kg	Over 73 kg	1	64	4

### JUNIOR - Youth Olympic Games

MEN's Division		Head Threshold	Body Threshold	Hogu Size	WOMEN's Division		Head Threshold	Body Threshold	Hogu Size
-48kg	Not exceeding 48kg	1	44	2	-44kg	Not exceeding 44kg	1	38	2
-55kg	Over 48kg & not exceeding 55kg	1	50	3	-49kg	Over 44kg & not exceeding 49kg	1	44	2
-63kg	Over 55kg & not exceeding 63kg	1	55	3	-55kg	Over 49kg & not exceeding 55kg	1	47	3
-73kg	Over 63kg & not exceeding 73kg	1	61	4	-63kg	Over 55kg & not exceeding 63kg	1	52	3
+73kg	Over 73kg	1	67	4	+63kg	Over 63kg	1	58	4

### JUNIOR - World Taekwondo Championships

MEN's Division		Head Threshold	Body Threshold	Hogu Size	WOMEN's Division		Head Threshold	Body Threshold	Hogu Size
-45kg	Not exceeding 45kg	1	41	2	-42kg	Not exceeding 42 kg	1	35	2
-48kg	Over 45 kg & Not exceeding 48 kg	1	44	2	-44kg	Over 42 kg & Not exceeding 44 kg	1	35	2
-51kg	Over 48 kg & Not exceeding 51 kg	1	47	3	-46kg	Over 44 kg & Not exceeding 46 kg	1	41	2
-55kg	Over 51 kg & Not exceeding 55 kg	1	50	3	-49kg	Over 46 kg & Not exceeding 49 kg	1	44	2
-59kg	Over 55 kg & Not exceeding 59 kg	1	52	3	-52kg	Over 49 kg & Not exceeding 52 kg	1	47	3
-63kg	Over 59 kg & Not exceeding 63 kg	1	55	3	-55kg	Over 52 kg & Not exceeding 55 kg	1	47	3
-68kg	Over 63 kg & Not exceeding 68 kg	1	58	4	-59kg	Over 55 kg & Not exceeding 59 kg	1	50	3
-73kg	Over 68 kg & Not exceeding 73 kg	1	61	4	-63kg	Over 59 kg & Not exceeding 63 kg	1	52	3
-78kg	Over 73 kg & Not exceeding 78 kg	1	64	4	-68kg	Over 63 kg & Not exceeding 68 kg	1	55	3
+78kg	Over 78 kg	1	67	4	+68kg	Over 68 kg	1	58	4

### CADET - World Cadet Taekwondo Championships

MEN's Division		Head Threshold	Body Threshold	Hogu Size	WOMEN's Division		Head Threshold	Body Threshold	Hogu Size
-33kg	Not exceeding 33 kg	1	32	1	-29kg	Not exceeding 29 kg	1	29	1
-37kg	Over 33 kg & Not exceeding 37 kg	1	35	1	-33kg	Over 29 kg & Not exceeding 33 kg	1	32	1
-41kg	Over 37 kg & Not exceeding 41 kg	1	38	2	-37kg	Over 33 kg & Not exceeding 37 kg	1	35	1
-45kg	Over 41 kg & Not exceeding 45 kg	1	38	2	-41kg	Over 37 kg & Not exceeding 41 kg	1	38	2
-49kg	Over 45 kg & Not exceeding 49 kg	1	41	2	-44kg	Over 41 kg & Not exceeding 44 kg	1	38	2
-53kg	Over 49 kg & Not exceeding 53 kg	1	44	3	-47kg	Over 44 kg & Not exceeding 47 kg	1	41	2
-57kg	Over 53 kg & Not exceeding 57 kg	1	47	3	-51kg	Over 47 kg & Not exceeding 51 kg	1	44	2
-61kg	Over 57 kg & Not exceeding 61 kg	1	50	3	-55kg	Over 51 kg & Not exceeding 55 kg	1	47	3
-65kg	Over 61 kg & Not exceeding 65 kg	1	52	3	-59kg	Over 55 kg & Not exceeding 59 kg	1	50	3
+65kg	Over 65 kg	1	55	4	+59kg	Over 59 kg	1	52	3

### SENIOR - Para Grand Prix (K44)

MEN's Division		Head Threshold	Body Threshold	Hogu Size	WOMEN's Division		Head Threshold	Body Threshold	Hogu Size
-58kg	Not exceeding 58kg	1	44	3	-47kg	Not exceeding 47kg	1	38	2
-63kg	Over 58kg & not exceeding 63kg	1	47	3	-52kg	Over 47kg & not exceeding 52kg	1	41	2
-70kg	Over 63kg & not exceeding 70kg	1	50	4	-57kg	Over 52kg & not exceeding 57kg	1	44	3
-80kg	Over 70kg & not exceeding 80kg	1	52	4	-65kg	Over 57kg & not exceeding 65kg	1	47	3
+80kg	Over 80kg	1	55	5	+65kg	Over 65kg	1	50	4